Footprints of Faith

Testimony and Perseverance Through Temptation

Lesson Five: What to Do When Temptation Remains

Facilitator Guide

Purpose: Prepare a usable response for unavoidable pressure, including Scripture, an action, and assistance.

Readings: 1 Corinthians 10:1–14; Matthew 4:1–11; Hebrews 4:14–16.

Opening question: What choices remain when a difficult stretch cannot simply be bypassed?

Conducting the lesson

1. Read the promise in context. Connect the examples and warnings with verses 12–14. Distinguish escaping a wrongful action from losing every uncomfortable feeling.

2. Examine Scripture's use. Review Jesus' responses and the devil's quotation. Discuss why a verse must be understood rather than merely attached to a justification.

3. Seek help before acting. Read Hebrews. Consider prayer, departure, postponement, and appropriate personal or professional assistance.

4. Build a concrete response. Use the angry-message illustration. Identify the pause, support, and alternative action; do not portray one choice as permanent freedom from anger.

Discussion

1. How does the surrounding warning shape First Corinthians 10:13?

2. What could a way out look like in an ordinary situation?

3. What makes a response practical under pressure?

Application: Have participants record a relevant passage, first action, available support, and constructive next step for one recurring pressure.

Close: A faithful response can occur while an urge remains. Note what has been planned and what has actually been used.

Facilitator reminder: Do not apply the temptation passage as a promise that every hardship can be managed alone or that needing care is failure.