Footprints of Faith

Testimony and Perseverance Through Temptation

Lesson Five: What to Do When Temptation Remains

Participant Outline

Focus: Prepare a usable response for unavoidable pressure, including Scripture, an action, and assistance.

Scripture readings: 1 Corinthians 10:1–14; Matthew 4:1–11; Hebrews 4:14–16.

Follow the lesson

1. When the Road Cannot Be Avoided
2. The Promise and the Warning
3. Jesus and the Use of Scripture
4. Asking for Help Before Acting
5. An Ordinary Way Out
6. Preparing a Usable Response

Key ideas

• Recognizing pressure creates a moment for response.

• Biblical guidance requires attention to context.

• A practical way out may involve leaving, pausing, or asking for help.

Discuss and reflect

1. How does the surrounding warning shape First Corinthians 10:13?
2. What could a way out look like in an ordinary situation?
3. What makes a response practical under pressure?

Personal application

When this pressure arises, the first action will be… Support and a constructive next step are…

Notes and reflections

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Keep this page for the final testimony project. Reflections may remain private.