Footprints of Faith

Testimony and Perseverance Through Temptation

Lesson Six: Growing Through Faithful Practice

Facilitator Guide

Purpose: Select a manageable daily practice and identify specific evidence of growth without demanding perfection.

Readings: Daniel 6:1–23; Hebrews 5:11–14; Galatians 5:16–25.

Opening question: How do ordinary repeated steps contribute to a long journey?

Conducting the lesson

1. Examine Daniel's consistency. Identify prayer as an established practice. Keep his particular deliverance distinct from a promise of identical outcomes.

2. Consider exercised discernment. Read Hebrews. Ask how practiced judgment develops and why familiar responses must remain open to correction.

3. Place self-control within the fruit. Read Galatians. Connect temperance with love, patience, and gentleness, rather than harsh superiority.

4. Recognize modest change. Use the promise-making illustration. Identify an actual change in speech and conduct while acknowledging continued pressure.

Discussion

1. What does a practice before a crisis contribute?

2. How can repetition reinforce an error if it is never examined?

3. What specific change could show growth while struggle remains?

Application: Invite a manageable practice, a natural occasion for it, and a way to review whether it serves the intended purpose.

Close: Encourage recording observable changes, support, and unresolved difficulty for the final testimony.

Facilitator reminder: Keep practice connected with dependence on God. Do not make routines a measure of personal superiority or guaranteed outcomes.