Footprints of Faith

Testimony and Perseverance Through Temptation

Lesson Six: Growing Through Faithful Practice

Participant Outline

Focus: Select a manageable daily practice and identify specific evidence of growth without demanding perfection.

Scripture readings: Daniel 6:1–23; Hebrews 5:11–14; Galatians 5:16–25.

Follow the lesson

1. The Importance of Repeated Steps
2. Daniel's Established Practice
3. Learning to Discern Through Use
4. Self Control and the Fruit of the Spirit
5. An Ordinary Practice of Honesty
6. Recognizing Growth Without Demanding Perfection

Key ideas

• Ordinary practices support difficult decisions.

• Discernment involves use and openness to correction.

• Self-control belongs alongside the other fruit of the Spirit.

Discuss and reflect

1. What does a practice before a crisis contribute?
2. How can repetition reinforce an error if it is never examined?
3. What specific change could show growth while struggle remains?

Personal application

One manageable practice is… Evidence that it supports growth would be…

Notes and reflections

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Keep this page for the final testimony project. Reflections may remain private.